

Personal Training

AT HEALTHQUEST OXFORD IS FOR ANYONE...

give us a call today! 248-236-0035

- · Intimidated by weight equipment
- Unsure of correct technique
- · Bored with routine
- · Experienced but not getting results
- Injured or just need extra guidance



Julie Richmond



Nick Grunewald



Tody Watkins



Leslie Glenn



Sara Bell



Cyndy DuVal